



PROCLAMATION

WHEREAS, Movember is an annual event involving the growing of moustaches during the month of November to raise awareness of men's health issues; and

WHEREAS, 1 in 7 men will be diagnosed with prostate cancer in his lifetime and treatment options for prostate cancer vary depending on a man's age, stage and grade of his cancer, as well as his other existing medical conditions; and

WHEREAS, testicular cancer is the most common cancer in males between the ages of 15 and 34; and

WHEREAS, 1 in 4 adults in the U.S. will experience a mental health problem in any given year and 87 men in the U.S. die by suicide every day; and

WHEREAS, "MOVING" can reduce your risk of heart disease, diabetes, and cancer by up to 50% and lower your risk of early death by up to 30%; and

WHEREAS, The City of North Lauderdale joins communities across our nation to challenge men to grow and women to support a moustache or to make a commitment to get active and MOVE, both of which spark conversations and raise vital funds and awareness for men's health; and

NOW, THEREFORE, BE IT RESOLVED that the Mayor and City Commission recognizes the month of November 2020 as

MOVEMBER MONTH

and urge all residents to observe this month with appropriate ceremonies, activities, and programs.

Dated this 10th day of November 2020.

MAYOR ANA M. ZIADE